



John T Reid Charitable Trusts

Annual Review 2021



Sir John at Haining Farm, mid 1930's.

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Front cover:
The new growth at Haining Farm against
the established trees symbolising the
continued evolution of the Trusts.

About us

The John T Reid Charitable Trusts, created by the late Sir John Reid (1903 – 1984), is a family foundation that directs funds towards charitable purposes within Australia. For more than 60 years, four generations of family members have proudly supported worthy organisations across the nation.

Sir John Reid's philanthropy was based on his belief that well targeted grants allowed good people to get on with good work for the benefit of the community. This spirit of giving, combined with his wider networks, enquiring mind and support for humanitarian and social justice causes, ensured that from the outset funding from the trusts went to a broad range of organisations that were well placed to have a positive impact in their communities.

The Trust Deeds, typical of the founder, are straight-forward and open. Registered charities and other institutions with 'Deductible Gift Recipient' (DGR) status can be supported in a number of broad categories: aged and palliative care, arts and cultural heritage, community and social welfare, education and youth, environment and health support. In recent years a specific environment category has been included to address the ever-growing challenges of sustainability and climate change.

Sir John provided granting guidance for trustees to provide philanthropic support;

- with relatively large amounts to a small number of charities, rather than small amounts to many;
- to charities unable to secure government support;
- to specific projects rather than general purpose funds; and
- to provide special consideration to those charities, which trustees think valuable to the community, but which lack popular appeal and support.

The John T Reid Charitable Trusts comprise two trusts that are administered together. Established in 1955, the first trust provides funding to eligible organisations in Victoria; the second trust, which dates from 1963, is directed to eligible organisations in all other Australian states and territories. No funds from either trust may be distributed overseas.

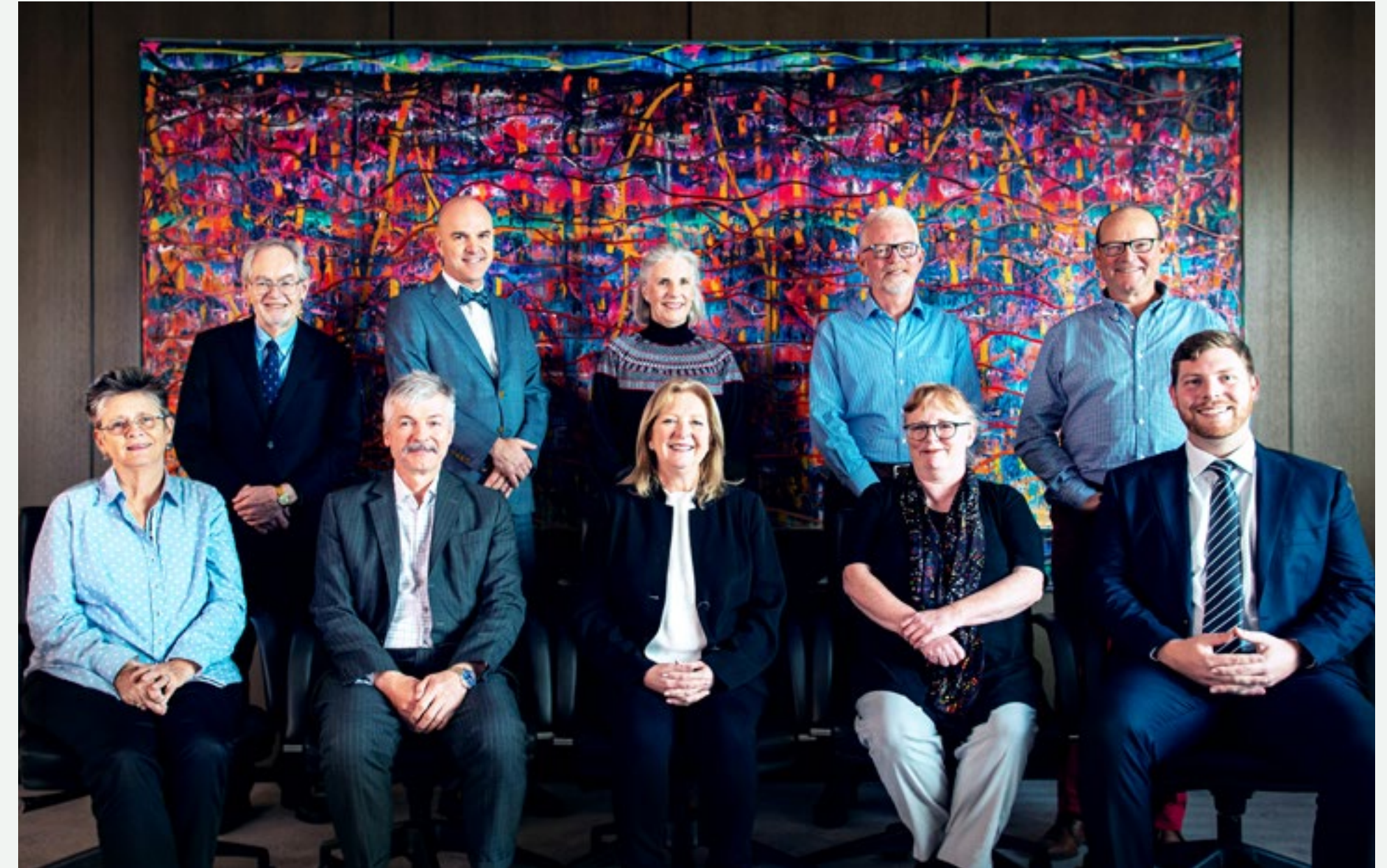
Each trust is governed by a number of individual trustees. There are ten trustees across the two trusts who manage the assets and distribute the income in response to the changing needs of the Australian community. The trustees bring a broad range of professional skills and experience to the task. They include representatives from urban and regional Australia, across different states and territories. Five of the current trustees are descendants of Sir John.

The trustees meet formally twice a year to assess funding submissions and make appropriate distributions. They also attend regular meetings to monitor investments and the progress of projects throughout the year and are supported in their work by three part time staff.

The trustees and staff hope you enjoy reading the 2021 Annual Review of the John T Reid Charitable Trusts.

The Trustees of the John T Reid Charitable Trusts

L-R Standing - Mr Doug Goodman, Mr Trevor Thomas, Dr Barbara Inglis, Mr Rob Anderson, Mr Phil Endersbee
L-R Seated - Ms Jane Reid, Mr Andrew McKenzie (Deputy Chairman). Mrs Belinda Lawson (Chairman), Ms Cath Webb, Mr William Lawson



Overview

The 2020/2021 year was dominated by the COVID-19 pandemic, which continued to weigh heavily on the day-to-day lives of Australians through restrictions and lockdowns. With significant hardship in many communities, the John T Reid Charitable Trusts focused its granting in established funding areas as well emergency grants.

Similar to the situation in 2020, many of the trusts' grant recipients had to delay and postpone their programs in 2021 and continued to be significantly impacted with increased demand on their services.

With the re-introduction of lockdowns in Sydney and Melbourne in 2021, and with other states and territories adhering to continued restrictions and health measures, the trusts' office continued to operate in line with Victorian State Government guidelines. Staff worked from home, with all meetings online, including the biannual Trustees' Meeting. A priority was to maintain contact with grantees, as well as with organisations seeking funding, to understand how the pandemic was impacting their services and communities, and thereby identifying opportunities for further support.

The trustees and staff would like to acknowledge the amazing efforts this year of so many organisations that support vulnerable people. Frontline work is always challenging, and never more so than in a pandemic when the demand for support services has increased exponentially. For many of the organisations that the trusts support, the last 12 months have not only seen an increase in client demand, but also pressure on the reception and distribution channels that underpin their services.

In many cases they have had to restructure their operations significantly to meet the new public health regulations, as well as their communities' needs. It is a testament to their commitment that staff, often working under difficult conditions, have remained steadfast in the face of multiple challenges. We salute them and thank them for all they have done to keep Australians safe and supported. To those organisations that have had to suspend their operations this year, due to health directions, and are waiting to restart their programs, they can be assured that the trusts will continue to work with them as we navigate the post-pandemic landscape together.

The work of the trusts in 2020/2021 is best summed up in the mantra of their Founder Sir John Reid, who championed the idea of "letting good people get on with good work". This is the model of philanthropic giving that has always guided the trustees and never more so than this last year. With a tough road still ahead for many communities, there will be a need for people to continue rolling up their sleeves in support of others.



Above: November 2020 Trustee Meetings, held via Zoom.

Right: State Theatre Company South Australia Production



Left: Grandparents for Grandchildren South Australia - presentation of laptop to a student

Right: Warehouse Racking at Foodbank Queensland



Left: La Mama Rebuild

Above: FRRR West Daly Community Member planting trees

Below: Western Bulldogs Horsham celebrations



Right: Maree from Suited For Success - Remote Styling



Above: Sydney Heritage Fleet

Retirement of Trustee and Chairman Belinda Lawson and Trustee Jane Reid

In 2021 we bid farewell to **Belinda Lawson** who has been a trustee of the John T Reid Charitable Trusts for 18 years and Chairman for the last 9 years.

Belinda has overseen many significant programs and projects during her tenure as a trustee, particularly in the areas of health and medical research. As a former nurse, she has taken a keen interest in on-the-ground pilot health initiatives, particularly in regional and remote communities. In recent years she has also been a passionate supporter of mental health initiatives, as well as programs that address Indigenous health issues and Indigenous disadvantage. In her role as Chairman, she has built upon the work of her mother Margaret Ross (1984 – 2009) and her sister Anne Grindrod (2009 – 2014) in developing the next generation of family trustees.

Belinda is Sir John's granddaughter and has very happy memories of both her Reid grandparents. "I have always been immensely proud to play a role in continuing my grandfather's philanthropic work, and am delighted now to see the next generation start to take on trustee responsibilities."

Belinda will be succeeded by Vice-Chairman Andrew McKenzie, a Trustee for the past 20 years, who is also a third generation descendent of Sir John.

"On behalf of the Trustees, staff and the many organisations with which Belinda has had association, I would like to thank her for her extraordinary commitment to the work of the trusts over the past 18 years. Belinda has been a true champion of so many projects, bringing her energy, knowledge and can-do attitude to help organisations realise their goals. She is, by nature, a tireless worker and a tireless carer of people. I have no doubt that her passion for helping others will continue to be felt in many communities around Australia."

Andrew McKenzie, incoming Chairman John T Reid Charitable Trusts

Jane Reid has been a trustee for over 13 years. A granddaughter of Sir John Reid, Jane grew up involved in family philanthropy. Over many years Jane has shown a passion for projects across Australia with a focus on those based in Queensland, engaging with organising and learning about the unique issues they face in remote and rural locations.

Jane is retiring to spend more time with her family and the trustees thank Jane for her service and wish her all the very best for the future.



Belinda with Sir John at a Family Christmas Day celebration, late 1970's.



Jane Reid.

Chairman's Report

In the 2020-21 financial year the trusts maintained their commitment to funding through the bi-annual funding rounds, as well as some emergency funding in response to the continuing COVID-19 crisis.

Having trustees based across Australia, and with established relationships and networks, ensured the trusts remained engaged not only with organizations that have received funding support, but also with specific sectors in different states. These connections enabled the trustees to remain informed about emerging issues, which ultimately led to the provision of crisis funding to a number of organisations so they could address immediate needs in their communities.

In particular, the trusts provided emergency funding around food security, specifically to food programs that catered to people of different ethnic backgrounds, thereby ensuring that the food was familiar and culturally appropriate to them. Issues surrounding the security of ongoing tenancy and the availability of appropriate accommodation to enable operations to continue were also addressed through rental support. Whilst the types of funding support that the trusts traditionally provide to organisations is broad, as a rule they do not usually offer funding to meet needs such as these. The trustees, however, were conscious this year of the need to support communities in ways to meet the challenges of the COVID-19 context, and so were open to considering new ways to achieve this.

The trusts' two funding rounds attracted a diverse range of projects for consideration. While the November 2020 meeting was held online, the May 2021 meeting was 'in person' with all trustees present in Melbourne. We felt

fortunate indeed to gather together in this way, as much of the year was spent in lock-down. Next Gen Family members were again participants in submission meetings and worked closely with trustees. In total the trustees approved funding for 44 new projects. A list of the successful organisations can be found on page 12.

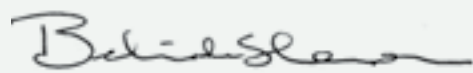
As I reflect on the last 12 months and indeed the last 18 years as a Trustee, I am proud to have had the opportunity to continue the philanthropic work of my grandfather, Sir John T Reid. He was a wonderful man, whom I loved and respected and had an innovative approach as well as a practical one to support people across the country. His focus was always on identifying effective organisations and projects and providing them with the financial resources to enable them to do their work. As Sir John use to say, it is all about "letting good people get on with good work".

I have been extremely happy to welcome the next generation of family members to the trusts. Last year William Lawson became a trustee, and this year in November we will welcome Jen Grindrod as a trustee. Jen is the great granddaughter of Sir John, and the daughter of our former Chairman Anne Grindrod. Jen has extensive experience in the not-for-profit sector, with particular expertise in environmental management, Indigenous Land and Sea programs, governance and philanthropy. I am thrilled that Jen has formally joined the trusts after having been an active member of our Next Gen program.

The John T Reid Charitable Trusts would not be the effective and efficient organisation it is without the dedicated efforts and skill of its wonderful staff. I would very much like to thank Jessica, Melanie, Amanda and Meggie for their excellent support throughout what has been another difficult year. Working part time while juggling family and other commitments, including home schooling children (from prep to VCE), was a constant challenge. Their commitment was amazing and their support to me, the Trustees and our grantees was, at times, nothing short of heroic. Needless to say, the year has been exhausting and so it was therefore with great sadness that I received Jessica's letter of resignation in September. On behalf of the trustees, I want to thank her for her outstanding work at the trusts over the past nine years. Jessica took on the role of Executive Officer in January 2019 and her energy and attention to detail in all aspects of the office and its operation have enabled the trusts to manage whatever challenges have come their way. Jessica has made the decision to prioritise her family and we wish her every success personally and professionally in the years ahead.

Finally, I wish to pay tribute to the organisations and people around the country who are committed to supporting and improving the lives of others. My work as a trustee has enabled me to meet these people, develop my understanding of their work and assist them in supporting their communities. It has been an honour to undertake the work of a trustee, and as I step down in 2021, I do so in the knowledge of the trusts' very positive future under the leadership of Andrew McKenzie.

With very best wishes,



Executive Officer's Report

The last 12 months have proven the need for philanthropy to respond quickly to the ever-changing landscape of community need.

As organisations started to return to some level of normal routine with a core business focus, a wave of new infections of COVID-19 hit Australia, particularly in Sydney and Melbourne, leading to further and extended periods of lockdown. The organisations the trusts support continue to demonstrate the need to keep an open mind and be able to modify their operations in the current climate.

Over the last year, the trusts continued with their established application process, where organisations that satisfy the requirements of having Deductible Gift Recipient status can submit an online expression of interest for projects and programs for funding that address their greatest need. This process enables the trustees to see the breadth of organisations seeking support at that time and identify trends and emerging needs. While other trusts and foundations are prescriptive in areas they fund, the trusts focus on assessing the current needs of the community in a dynamic context.

Trustees consider expressions of interest at enquiry meetings, then those organisations who are selected to progress are invited to provide a submission for formal consideration at bi-annual Trustee Meetings held in May and November. As part of that process, a champion trustee is allocated to a project and they visit that organisation to meet with the key staff who will be involved in the project or program. While these meetings have occurred in person previously, the move

to online work in 2020 meant that the meetings were able to continue. This was solely the process in 2020 and again for some cases for the 2021 May funding round. These conversations echo back to Sir John who would meet with people in person, and, is a key characteristic that the trusts have maintained over six decades. The emphasis on building relationships and better understanding the complexity of the issues that drive the need for these projects and programs.

Once an organisation has been approved and a grant payment made, a key element of the funding agreement is the six-month reporting schedule which ensures trustees remain updated of the organisation's progress during the life of their funding. This has been particularly important during 2020/21 as projects and programs were delayed, modified and in some cases ceased delivery temporarily. Remaining updated with program and staffing changes and, in some cases managing requests for re-allocation of funding, allowed the trustees to understand how the impacts of the pandemic were affecting not only individual organisations but philanthropy across Australia.

In the November 2020 granting round there were considerably fewer expressions of interest compared to previous rounds. This was due to a combination of factors including; staff working from home, in some cases staff departures, and organisations needing to pivot their services to respond to immediate needs rather than looking to future projects.

In the lead-up to the May 2021 funding round the trust received just over 200 expressions of interest including many organisations that had previously not contacted the trusts or, had been established within the last few years. Over 60 years of philanthropic granting the trusts have supported organisations in the various stages of their organisational lifespan from pilot programs to expanding programs into new geographic areas, and funding projects enhancing functional capability such as software infrastructure.

I was proud that the trusts were able to continue their focus on their usual application process even during the COVID-19 pandemic.

Finally, after nine and a half years with the John T Reid Charitable Trusts, I have made the decision to leave the trusts in October to focus on my family. I am grateful to Chairman Belinda Lawson and the trustees who supported me over nearly three wonderfully rewarding and successful years. I shall take many happy memories with me, not least of which were the Family events and visits to Haining Farm over the years to witness the changing landscape and the work undertaken by Greening Australia. Watching this project come to life has been a highlight for me for its connection with our Founder Sir John and knowing that this project and the environment it has created is something that will be enjoyed by all Victorians in the years ahead.

Finally, I wish to acknowledge and thank my colleagues Melanie and Amanda and also Meggie and Rebecca who stepped in when required to support the trusts through busy periods. I extend my gratitude also to the trusts' Company Secretary Dominic Pelligana, and Investment Manager Sue Dahn. I have enjoyed working with you all immensely and wish you and the trusts all the very best for the future.



2021 Funding Overview

The 2021 Annual Review provides information on the activities of the John T Reid Charitable Trusts in the financial year to 30 June 2021 and highlights several significant projects in each funding sector.

Grants Approved

The directors approved funding of \$4,357,941 for 44 projects at their meetings in November 2020 and May 2021 and in response to the pandemic through emergency grants.

Aged and Palliative Care

Council on the Ageing Victoria
Delta Therapy Dogs
Euroa Health
Yackandandah Health

Arts and Cultural Heritage

Australian National Academy of Music
Carclew
Fling Physical Theatre
Ilbijerri Theatre Company
Malthouse Theatre
Museums Victoria
National Trust of Australia (Queensland)
Patch Theatre
Sovereign Hill Museums
Sydney Heritage Fleet
The Australian Ballet School

Community and Social Welfare

Black Dog
CERES Community Environment Park
Foodbank Queensland
Good Cycles
Grandparents for Grandchildren South Australia
Hobart City Mission
Kanyirninpa Jukurrpa
Uniting Care Queensland - Lifeline
Orygen
Parramatta Mission
Second Bite
Strong Mothers
The Marmalade Foundation

Education and Youth

BackTrack Youth Works
Berry Street
Children's Ground
Deadly Connections
Kids Plus Foundation
Operation Flinders
Outback Futures
The Scout Association - Victoria (Melbourne Gang Show)
Traction for Young People

Environment

Botanic Gardens South Australia
Environment Centre Northern Territory
Farmers for Climate Action
National Parks Conservation Trust

Health Support

Breast Cancer Network Australia
Dementia & Alzheimers Australia
Spinal Research Institute

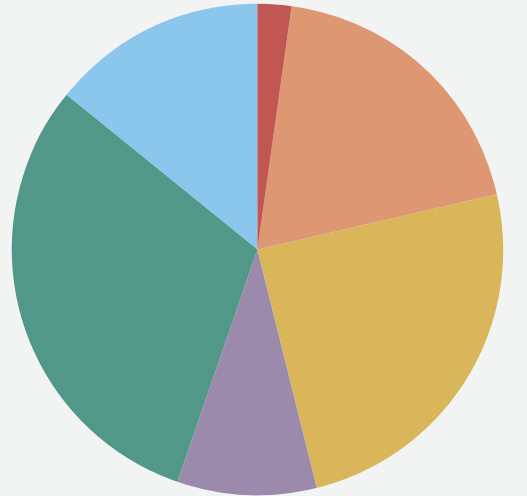
Active grants year to 30 June 2021

The John T Reid Charitable Trusts have adopted a funding model in which all grants that have unspent funds are considered to be active grants. Grants are only considered final when the directors are satisfied that the final report provides evidence of the acquittal of the trusts' funding.

The trusts managed 101 active grants throughout the 2020/21 financial year, totalling \$10,827,725. The reach of these grants is represented here by both category and geographic spread.

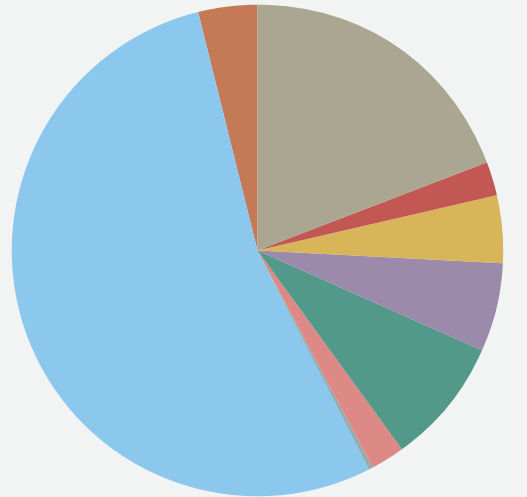
Funding Category

Aged and Palliative Care	\$257,000
Arts and Cultural Heritage	\$2,069,000
Community and Social Welfare	\$2,686,235
Education and Youth	\$973,790
Environment	\$3,327,250
Health Support	\$1,514,450
TOTAL	\$ 10,827,725



Geographic Location

National	\$2,095,000
Australian Capital Territory	\$250,000
New South Wales	\$458,590
Northern Territory	\$640,000
Queensland	\$904,600
South Australia	\$237,000
Tasmania	\$30,000
Victoria	\$5,813,935
Western Australia	\$398,600
TOTAL	\$ 10,827,725



60th Anniversary Grants

UPDATE

Walter and Eliza Hall Institute

The trusts have a long-standing relationship with the Melbourne-based Walter and Eliza Hall Institute (WEHI) with the first grant for Rheumatoid Arthritis research dating from 1982. In 2016 as part of the 60th Anniversary of the trusts, a grant was provided for the John T Reid Centenary Fellowship in personalised medicine. The fellowship supports the collaborative work between the Reid Memorial Laboratory at WEHI and the Rheumatology Unit at the Royal Melbourne Hospital with the aim of promoting a personalised medicine approach into clinical rheumatology. Using new and rapidly evolving technologies involving multi-omic analyses, this work aims to improve patient care and determine how treatments can be better tailored to individual patients.

The successful fellowship candidate, rheumatologist-researcher Dr Jessica Day was appointed in 2019 and is expanding the scope of the lab's work beyond its core strength – rheumatoid arthritis – to autoimmune and inflammatory muscle diseases. Autoimmune musculoskeletal disease is frequently linked to other inflammatory disease, including inflammatory arthritis, and is associated with profound disability and morbidity. Dr Day's research, which examines the immunological

“Research and medicine are both very important to me. It is exciting to have the opportunity to apply the latest ‘omics’ technologies to improve diagnosis, monitoring and outcomes in inflammatory diseases.”

Dr Jessica Day, Rheumatologist

and inflammatory processes that leads to profound muscle damage and disability in patients, may permit the identification of potential new therapeutics and bring about improved outcomes for those affected by autoimmune and inflammatory diseases, including rheumatoid arthritis.

Dr Day has fostered collaborations with local and international experts in the field, including Professor Gordon Lynch, who heads the muscle laboratory at University of Melbourne, as well as clinical experts in Melbourne, Adelaide, Newcastle, Tokyo, Stockholm and Manchester. Large-scale, collaborative research projects of this kind may take up to 10 years to complete.

Dr Day plans to leverage the expertise and cutting-edge technologies that are available to her at WEHI to drive a high-quality, impactful translational research program.



Greening Australia - Haining Farm

In 2016 as part of the trusts' 60th Year celebrations, the trustees approved a grant for a significant conservation project at Haining Farm in the Don Valley 65 km from Melbourne. Our Founder Sir John Reid bequeathed Haining Farm to the State of Victoria in 1974 as a gift to be enjoyed by all Victorians. The successful conclusion of the Greening Australia project in 2021, working alongside partner organisations Parks Victoria and Zoos Victoria, is the culmination of that vision.

In the final 12 months of the Haining Farm Project, Greening Australia has continued to monitor the plant survival and vegetation growth rates of the plant communities that will create the core habitat for the Helmeted Honeyeater and the Lowland Leadbeater's Possum. Greening Australia has also continued to develop and deliver extensive educational programs and resources forging key connections to enable local community groups and interested schools to facilitate learning and engagement opportunities on site.

Haining Farm's Community and Education Officer, Andrew Rice, has continued his educational engagement work with official tours, events and legacy planning.

While many events on site had to be cancelled in 2020/2021 due to COVID 19 restrictions, other projects could be completed, including the citizen science component of the Haining Farm ClimateWatch trail. ClimateWatch is an initiative that was developed by Earthwatch in partnership with the Bureau of Meteorology and The University of Melbourne. Its aim is to understand how changes in temperature and rainfall are affecting the seasonal behaviour of Australia's plants and animals.

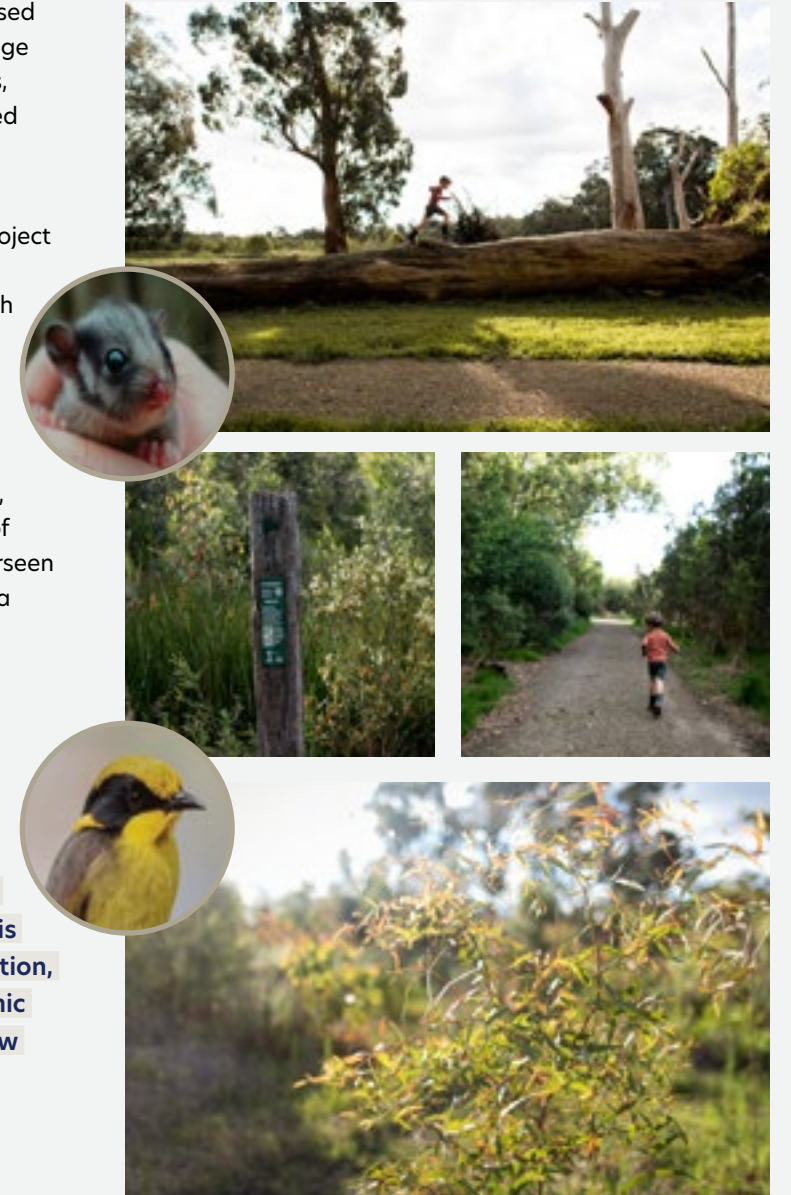
In addition to the ClimateWatch trail, work has focused on the purchase, preparation and assembly of storage units, field equipment, ClimateWatch species guides, posters and books for all ages as part of a dedicated Haining Farm library.

Parks Victoria resumed control of Haining Farm and responsibility for its operation, including ongoing project activities, in December 2019. Since then it has been actively preparing the site for its public opening, with a focus on safety works, interpretation signage and the ongoing management of environmental weeds.

Given the current growth rates of plants species on site, the long-term view is to re-introduce the Leadbeaters Possum and the Helmeted Honeyeater, in approximately five years time. The development of this new habitat at the Farm will continue to be overseen by Parks Victoria with the assistance of Zoos Victoria and Greening Australia.

“Greening Australia is extremely proud to have worked with the Haining Farm partner organisations and experts to plan and deliver a program that combines people with restored habitat and threatened species. Haining Farm is a world-class example of restoration, conservation, and education. Although the COVID-19 pandemic has delayed an official opening, the Farm is now open for the public to enjoy.”

Andrew Rice, Haining Farm's Community and Education Officer



After spending more than 40 years as a commercial dairy farm, Haining Farm has recently been transformed into a public park that will provide habitat for two of Victoria's most threatened species: the Lowland Leadbeater's Possum and Helmeted Honeyeater. It's also a wonderful place to visit, with extensive walking tracks, open spaces and a fascinating history.

Aged and Palliative Care

Barcaldine Aged Care

The trusts regularly receive funding applications for infrastructure projects, particularly the upgrade, fit-out or refurbishment of facilities. These can be for immediate needs, such as ensuring facilities meet occupational health and safety requirements, or for longer-term goals, such as helping to boost operational efficiency.

In 2019 Barcaldine Aged Care in central-western Queensland sought funding for the fit-out of a commercial kitchen in the newly constructed central facilities building in the Barcaldine Beech Street Village aged living complex. The fit-out included the supply and installation of commercial standard stainless-steel benches with storage, wash-up areas, a cold room, pantry, electric oven and cooktop, exhaust hood with ducting and a dishwasher.

With completion of the project, the kitchen is now equipped to meet the future needs of the additional residents at the aged care facility. In addition to this, the facilities are also used by local charities.



"We are now able to provide regular, nutritious meals as well as affordable housing for our Village residents."

Ken Wilson, Barcaldine Aged Care

Arts and Cultural Heritage

Karrkad Kanjdji Trust

The Warddeken Kunwarddebim (rock art) Protecting Country and Cultural Heritage Program is a long-term project to survey and document rock art galleries across the 1.4 million hectare Warddeken Indigenous Protected Area in the Northern Territory. The project is driven by the need to record knowledge and protect the estimated 30,000 culturally significant rock art sites.

Threats to the sites include damage caused by wildfire, vegetation, animals and weather, as well as the loss of Bininj knowledge. Recording the stories of Elders who have lived on Country and visited the galleries as children is a major priority.

In the second year of the project, the team has expanded its survey capacity and focused on multi-day camps that incorporate surveys and conservation work alongside cultural activities. A camp on the Barradj clan estate in July 2020 engaged 39 Elders and rangers and 15 Nawarddeken Academy students.

The Karrkad Kanjdji Trust is working with Indigenous partners, the Warddeken Rangers. They are being guided by Bininj (Indigenous) priorities, which is a departure from conventional rock art research where priorities are established by non-Indigenous academics.

Strategic management and monitoring plans have been developed for sites. These identify actions that can reduce physical threats to the art - such as fencing to prevent animals from rubbing against rock walls.

This is an exciting long-term project with thousands more lost rock art sites waiting to be re-discovered and documented.



Images: Stacey Irving



Queensland Ballet takes its seniors program to Cairns.



Queensland Ballet

Since 2014 Queensland Ballet has provided a Ballet for Seniors Program in its Brisbane Studios. Developed in conjunction with Queensland University of Technology-led research, the program has a focus on improving poise, core strength, memory and mobility in aging adults. In addition to the physical benefits, the research findings strongly indicated that regular ballet classes provided participants with the opportunity for social connection which led to positive mental health.

Seeing the success of the program, Queensland Ballet sought funding from the trusts to provide 'Ballet for Seniors Regional Teachers Training Program' in four regional Queensland communities: Gold Coast, Mackay, Hervey Bay and Cairns.

The project aimed to upskill regional dance teachers with the knowledge and practical skills to deliver the Ballet for Seniors program in their local communities. A gerontology psychologist and physiotherapist observed the initial

Ballet for Seniors classes in the company's Brisbane studios and provided feedback to inform the syllabus and teaching framework. Queensland Ballet subsequently developed lesson plans and teaching resources for classes from foundation to intermediate level. The trusts' grant paid for the production of the training materials and the delivery of two-day regional training workshops by Queensland Ballet's teaching artists.

Although delayed by six months due to the pandemic restrictions in 2020, workshops have since been delivered in the four locations, with survey reports indicating a 98 per cent satisfaction rate from participants. It is hoped that further programs will be offered and funded across Queensland.

"My posture has improved, my technique has improved, and I have met so many like-minded friends. It makes me feel elegant and fulfilled. I do this for me, it's for no one else. You owe it to yourself to just try it once. You might find a joy not yet discovered and better yet, new friends to share it with."

Loyal Queensland Ballet for Seniors participant, Vicki Lennox has been attending the intermediate Ballet for Seniors class since August 2017, igniting an inner passion for the artform she never had the chance to

Community and Social Welfare

Rape & Domestic Violence Services Australia

Rape & Domestic Violence Services Australia is a national not-for-profit organisation operating in New South Wales and providing nationwide support for people who experience sexual, domestic and family violence. The organisation provides complex trauma training for mental health practitioners to support clients who are suffering domestic and sexual violence. In its expression of interest to the trusts, it explained that statistically women living in regional areas are more likely to experience sexual, domestic and family violence and related trauma, as well as experiencing increased barriers to accessing psychological support. Many of these clients also experience complex trauma, which involves a person experiencing multiple or repeated traumas over an extended period of time, such as sexual abuse as a child and domestic violence as an adult. Complex trauma is an emerging field with new research and best practices evolving in terms of managing these complex cases.

To address the need to support and educate regional and rural mental health practitioners, the Rape & Domestic Violence Services Australia's training team designed and delivered a two-day workshop to help build practitioners'

skills and enhance their knowledge of complex trauma and its impact on clients. In particular, the team shared skills in identifying and utilising counselling approaches that are best suited to these patients.

The workshop delivery, which was initially scheduled for early 2020, had to be delayed due to the pandemic restrictions. The workshops took place later in the year and received strong, positive feedback from participants. Evaluation of the workshops was held three months post-training. The trustees were pleased to learn that practitioners reported a significant improvement in both their knowledge about complex trauma and their confidence in working with their clients.

'Thank you to the John T Reid Charitable Trusts for supporting isolated and often overlooked members of our community. By delivering our complex trauma training to regional and rural practitioners in NSW, our participants anticipate that this training will be used to serve an average of 21 clients living with complex trauma per practitioner every month!'

Natasha Mikitas, Training Manager, Rape & Domestic Violence Services Australia



The Wellington Collingwood

Established in 2005 The Wellington Collingwood provides a safe and inclusive environment for residents of the public housing towers in Fitzroy and Collingwood in inner city Melbourne. In working with these communities, The Wellington Collingwood identified that many young people from African backgrounds in these public housing estates face many challenges including; disengagement from school, cultural disconnection, difficulties integrating into the Australian society, high youth unemployment, discrimination and social isolation. Schools with a large population of young people from African backgrounds face higher rates of truancy and early school leaving. Many who do leave school early do not have the social and cultural capacity to secure and maintain meaningful work. In seeking to address these complex issues, The Wellington Collingwood submitted a request for funding for an African Support Worker over two years as part of The Journey's project aimed at engaging with, and supporting these young people.

One year into the two-year pilot program, and despite COVID-19 restrictions, many key connections have been established and successful events held creating opportunities for engagement. While certain activities had to be adapted to manage the COVID-19 circumstances, The Wellington Collingwood has found new and different ways to connect with their community.

The Wellington Collingwood will undertake a comprehensive evaluation at the conclusion of the pilot program to demonstrate the benefits of the project, with the goal of securing support from other funders.



"Pregnant women experiencing homelessness are at risk of poor health outcomes for themselves and their babies."

The Royal Women's Hospital

In November 2019 the trusts received an application for funding to support the Homeless Mothers and Babies Program, known as the Cornelia Program at The Royal Women's Hospital, Melbourne. This program is a new, innovative and integrated model for maternal health care.

Pregnant women experiencing homelessness are at risk of poor health outcomes for themselves and their babies. Evidence indicates that escaping family violence is the reason large numbers of mothers and children find themselves homeless and isolated from social and community supports. The lack of stable housing undermines a woman's ability to access health, in particular pregnancy care and, without suitable housing after the birth, the baby may be removed from the mother's care. This program, which is run in conjunction with Housing First and Launch Housing, offers integrated housing, social support, and complex clinical care for up to 50 pregnant women and their babies for 12 months

in purpose-built accommodation in St Kilda. The trusts' funding enabled The Royal Women's Hospital to design and commence the implementation of the program, and to appoint a program manager for two years. The grant also contributed to the purchase of baby furniture and furnishings for the units, and items such as blankets and prams.

The Cornelia Program is an Australian-first and will offer a pathway out of homelessness for pregnant women and new mothers – helping them to bond with and care for their babies, access support services, gain independence and break the cycle of homelessness. Ultimately, it aims to change the life trajectory of some of Victoria's most vulnerable women and babies.

Education and Youth

Scouts Association of Australia – New South Wales Branch

The mission of Scouting is two-fold: to contribute to the education of young people through a value system based on the Scout Promise and Law and to help build a better world where people are self-fulfilled as individuals and play a constructive role in society. Scouts has been active throughout New South Wales since 1908 and is one of the largest youth organisations in the state with nearly 19,000 youth and adult members.

Mental health issues amongst Australian youth are increasing rapidly and at much younger ages. As many young people spend time in youth-based recreational activities, like scouting, the Scouts Association of Australia – New South Wales Branch is taking an active role in addressing this issue. In 2019 the association approached the trusts for funding to train 12 Scouts Leaders across the state in the Youth Mental Health First Aid Instructor course. Once trained, these leaders will volunteer their time to deliver a total of 40 14-hour training sessions over 12 months to other Scout leaders in the state. The course aims to give the scout leaders the knowledge and skills to recognise mental health problems and facilitate early intervention and support.

“This program is the first of its type in Australia and the association is committed to delivering the training across metropolitan and regional areas of New South Wales to upskill their volunteer workforce to meet the needs of their members.”



Roebourne Stars hosted a ‘SiStars’ get together with the Karratha Stars program. The activity built and strengthened relationships between students and mentors from both programs. The students also explored the Stars values of Respect, Honesty, Commitment and Pride.

Stars Foundation

The Stars Foundation was established in 2015 to address inequity in the funding and provision of school-based mentoring programs for Aboriginal and Torres Strait Islander girls and young women. While there has been investment in boys’ education in recent years, it has not occurred at the same rate for Indigenous girls.

The foundation currently supports approximately 2500 girls and young women across Australia through the delivery of full-time mentoring and engagement programs in 37 partner schools in the Northern Territory, Queensland and Victoria. In early 2021 it expanded its activities into Western Australia, where in collaboration with the Western Australian Government, the Commonwealth Government and private funders, including the trusts, it is working to establish programs at three schools: Butler Senior High School, Newman High School and Roebourne High School.

Since the beginning of the 2021 school year, the Stars Foundation has signed agreements with the partner schools, recruited and trained program co-ordinators and mentors, and set up Stars Rooms at the schools. Students undertake a range of activities under the four pillars of the Stars Plan – Education, Training and Employment; Healthy Lifestyles; Community, Culture and Leadership; and Wellbeing. There are around 1,500 students enrolled and participating across Western Australia, with 100 students in the programs specifically supported by John T Reid Charitable Trusts.

“The foundation currently supports approximately 2500 girls and young women across Australia through the delivery of full-time mentoring and engagement programs in 37 partner schools in the Northern Territory, Queensland and Victoria.”

Environment

Climate Council of Australia

The trusts often fund new projects and programs through grants paid over consecutive years. In November 2019 the trustees approved a multi-year funding agreement with the Climate Council of Australia to support its 'Emergency Leaders for Climate Action' project.

The Climate Council's project brought together a cohort of former fire brigade and emergency services chiefs from across Australia to engage with government, key stakeholders and the community about climate change and its impact on extreme weather events. Given the group's collective experience and credentials in emergency management, with its members regularly contributing to formal bushfire inquiries through witness testimony and submissions, it became an influential voice in the national debate on climate change. This work was extremely timely given the devastating 2019-2020 bushfire season.

The Council undertook a number of outreach activities, including providing briefings for government ministers, hosting a summit with 150 key stakeholders in June - July 2020, and producing a report that identified the impact of climate change on severe weather events and the policies and resources needed to address this.

The 'Emergency Leaders for Climate Action' group made submissions to all state and federal inquiries into the 2019-2020 bushfire season, including the Royal Commission into National Natural Disaster Arrangements. They will maintain an active role in ensuring that the recommendations of the Royal Commission are implemented.

The Climate Council and Emergency Leaders for Climate Action will continue to play a key role in the nation's discussions on climate change and extreme weather, and provide support to agencies in effecting long term and meaningful change for the benefit of all Australians.



"Receiving the John T Reid Charitable Trusts support just as the Black Summer bushfires took hold gave us the confidence to be bold in our actions. During the bushfires, we were able to have a significant impact in the media, ensuring that the Australian public understood the connection between the bushfires and climate change. Thanks to the grant, we were able to maintain a drumbeat of action throughout 2020, including hosting a national online summit and holding political decision makers to account to protect Australians."

Amanda McKenzie, CEO Climate Council

"The surveys were conducted using a combination of field surveys and high-resolution aerial imagery, combined with data sets for key threatened species."

Northern Gulf Resource Management

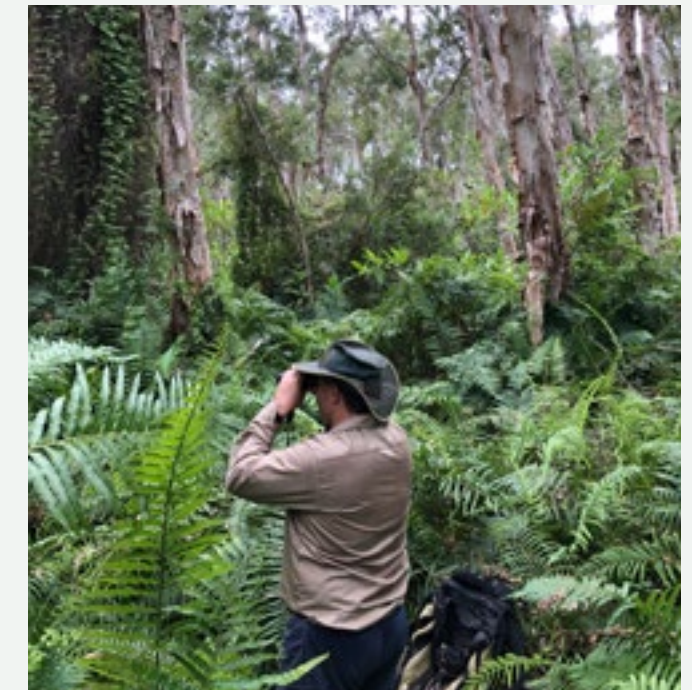
The Northern Gulf Resource Management Group facilitates improvements to Northern Resource Management outcomes for the communities of the Northern Gulf region in North Queensland. The Northern Gulf region includes the Mitchell River catchment, which encompasses part of the Wet Tropics World Heritage Area. This is a unique and diverse ecosystem that is home to a number of endangered species. The trusts provided a grant to the group to survey and identify priority sites for strategic re-vegetation work.

The surveys were conducted using a combination of field surveys and high-resolution aerial imagery, combined with data sets for key threatened species.



On completion of the work a report was produced identifying 20 potential sites for re-vegetation totalling 78ha. Twenty-one local landholders were engaged during the project, with many enthusiastic and keen to discuss the conservation values of the local flora and fauna with the group's staff and experts. The completed report was made available to participating landholders for their use on their own properties, and was also used to support community conservation activities.

Now that this first step has been completed, Northern Gulf Resource Management Group is pursuing further funding to restore landscape connectivity through re-vegetation projects, thereby reducing the threat of habitat fragmentation for many threatened plants and animals in the catchment areas.



Health Support

Earbus Western Australia

In May 2020 the trusts received an application from Earbus Western Australia for the purchase of specialist audiological equipment for use in their clinic in Western Australia's Pilbara region. Indigenous children suffer ear disease at a rate almost three times that of non-Indigenous children. In some urban schools, 75 per cent of enrolled Aboriginal children cannot hear adequately and, in Earbus's experience, that figure can be as high as 100 per cent in some regional and remote schools.

The audiological equipment uses ultrasound technology, which can inspect a patient's ear quicker than existing manual hand-held devices. In 2020 the clinic was postponed due to pandemic restrictions, with only a small number of children having been screened at the time. The clinicians noted the challenges in using the technology safely in a paediatric setting, as the speculum is larger than the standard otoscope speculum making it more uncomfortable for the patients. Additional training was developed and guidelines provided to clinicians to address this.

Earbus Western Australia is the only organisation outside America and Japan to have access to this technology. It is a vital tool to help them in their mission to eradicate middle ear disease.



"The audiological equipment uses ultrasound technology, which can inspect a patient's ear quicker than existing manual hand-held devices."



SANE

The trusts continue to maintain their commitment to funding programs that assist people to access mental health care and support. In 2018 the trustees approved a grant to SANE for their SANE Support Initiative, an integrated phone, live-chat and email platform to enable people to connect with trained mental health professionals. SANE's research and experience has highlighted that one-off interventions are not always enough to adequately support people with complex mental health issues. Some service users require ongoing and regular recovery-based support, ideally with the same health professional. Pathways to wellness can be difficult to navigate, and stigma and strain on personal and professional relationships impact on the service user's ability to recover, which is often further compounded by financial pressures. A key point of the SANE program is that it provides these services without charge. Often traditional channels of support can be expensive and this can exclude some service users.

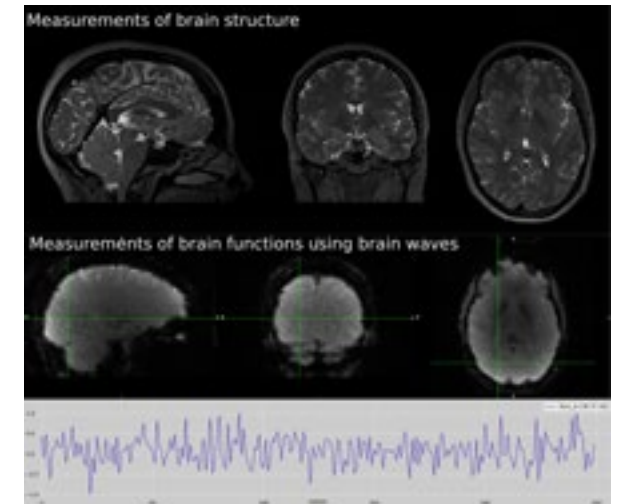
SANE has seen a significant increase in demand for services as a result of the pandemic in 2020 and its impacts. Like many organisations, it has had to adapt its service delivery to continue to meet the needs of their service users.

Melbourne Brain Centre

In 2018 the Melbourne Brain Centre was successful in securing part-funding from the trusts for a longitudinal MRI study that focused on identifying the mechanisms of migraine and its treatment. This study is a world first using a new approach with MRI screening protocols that have been established by the Melbourne Brain Centre and the Royal Melbourne Hospital. The trial began in 2020 with the selection of 12 patients from the Migraine Clinic at the Melbourne Brain Centre. The patients underwent a series of detailed scans that were designed to measure brain structure before and during a migraine, as well as at the commencement of medication. This was particularly relevant for a new treatment, calcitonin gene-related peptide (CGRP) inhibitors.

During the pandemic lockdowns in Victoria in 2020, the patients continued to receive care using Telehealth services. They provided positive feedback to researchers regarding the severity of their migraines and the extent to which their lives were disrupted by the attacks. The study is continuing and results received to date have been analysed. The Melbourne Brain Centre is hoping to use these findings to identify clinical markers of treatment responsiveness and to translate these into new guidelines for clinical practice that will enable the provision of more tailored treatment plans for patients.

"Migraines affect about three million Australians, with associated health costs that are estimated to be about \$1 million per year."




Acknowledgements

Thank you to the organisations who provided images for the projects featured in the Annual Review.

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A web version is available at www.johntreidtrusts.com.au

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We acknowledge the Wurundjeri people, the Indigenous custodians upon whose lands the Trusts office are located and we pay our respects to Elders, past, present and emerging.



JOHN T REID
CHARITABLE TRUSTS

Contact us

PO Box 438, CANTERBURY VIC 3126

Phone: 03 9830 4155

Email: office@johntreidtrusts.com.au

Web: www.johntreidtrusts.com.au

ABN's: 51 836 782 003 AUSTRALIAN TRUST

94 715 755 241 VICTORIAN TRUST