

John T Reid Charitable Trusts

The background of the page is decorated with several large, flowing, blue wavy lines that resemble stylized waves or calligraphic strokes. These lines are composed of many thin, overlapping lines, giving them a sense of movement and depth. They are positioned in the top right, bottom left, and bottom center areas of the page.

ANNUAL REVIEW **2017**

Celebrating 60 years



Sir John T Reid, 1903 – 1984

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ACKNOWLEDGEMENTS

Thank you to all of the organisations that provided photos relevant to the projects we have assisted in funding.

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A web version is available at www.johntreidtrusts.com.au

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AUSTRALIAN TRUST

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About Us

As we celebrate the 60th Anniversary of the first grant awarded by the John T Reid Charitable Trusts, we reflect that the two Trusts (one Victorian and one Australian) were established to continue the lifelong generosity of the founder, Sir John T Reid.

Sir John was very private and respectful in his philanthropy, with a philosophy of allowing good people to get on with their own good work for the benefit of the community. Sir John ensured support went to a broad range of organisations that were well placed to have a positive impact on the Australian community. The management and governance of the John T Reid Charitable Trusts respect this style of philanthropy and continue to honour Sir John's legacy. Of the nine Trustees, four are direct descendants of Sir John, and five are independent Trustees with wide-ranging skillsets and experience within the not-for-profit sector and in business.

The John T Reid Charitable Trusts aim to create positive social change by funding a diverse range of projects through a wide range of charitable organisations around Australia. The Trusts fund organisations of varying size, and many factors are considered by the Trustees when reviewing a funding submission. Many grants from the John T Reid Charitable Trusts

are focused on supporting communities to build their capability, and Trustees are kept informed of current needs in the community through our open enquiry process. The Trustees also provide strategic grants focused on a specific area identified by the Trustees. In liaison with the staff, Trustees conduct research on the most effective way of giving in a particular sector. Through identifying the key people involved in an area of need, the Trustees then approach an organisation to create a tailored funding submission that is then presented for consideration.

The grants highlighted in this Annual Review are presented in six different funding categories, however many of the projects fit into two or more categories. At the John T Reid Charitable Trusts we are fortunate that the Trust Deeds are broad and we are not limited to specific areas in which we are entitled to fund.

We hope you enjoy reading this 60th Anniversary edition of the John T Reid Charitable Trusts Annual Review.



The Trustees of the John T Reid Charitable Trusts in 2017

L-R Dr Barbara Inglis, Ms Jane Reid, Mr Andrew McKenzie, Mrs Belinda Lawson (Chairman), Mr Philip Endersbee, Ms Cath Webb, Mr Douglas Goodman, Mr Trevor Thomas. Not pictured: Mr Rob Anderson.



Trustees in 2005

L-R (standing) Mr Andrew McKenzie, Mr Philip Endersbee, Mrs Anne Grindrod, Mr John Webb, Mrs Belinda Lawson, (seated) Mr John B Reid AO, Mrs Margaret Ross AM, Mrs Jean Hedges.

Chairman's Report

It is an honour and privilege to present the 2017 Annual Review
of the John T Reid Charitable Trusts.



This year we celebrate the 60th Anniversary of the first grant awarded by the John T Reid Charitable Trusts. Over the last 60 years, so much has changed – or has it? The giving structure of the Trusts remains the same; we still meet twice a year and make a decision by consensus on approved funding, as Sir John and his Trustees did in the early years. What has changed are the policies, governance and procedures necessary to run a large charitable trust. Over the years, the Trustees have ensured that the management of the Trusts has evolved to reflect the changing regulations within philanthropy and the not-for-profit sector.

The John T Reid Charitable Trusts has granted over \$120 million to 593 worthy organisations over the history of the Trusts. At the time of writing this report, the Trusts have 92 active grants to the value of over \$10 million.

We are fortunate that the Trust Deeds that formed the Trusts impose few constraints on the Trusts' giving. Sir John's innovative thoughts and forward thinking allow us to grant in many areas of disadvantage, often where there is limited government funding. The Trustees continue to meet with organisations that have applied for funding, just as Sir John did 60 years ago. This ensures our grants are supporting the community in the spirit of Sir John's generosity.

To celebrate 60 years of giving, the Trustees wanted to honour Sir John's vision. Through searching the archives we identified the early grants and organisations supported by the Trusts. Many of the first grants were to organisations we still have a relationship with today. We continue to be inspired by the work of these organisations and are humbled to have been able to continue our support over many years. After careful consideration, 60th Anniversary Grants were awarded to The Royal Victorian Eye & Ear Hospital, The Brotherhood of St Laurence, The Walter & Eliza Hall Institute of Medical Research, Baker Heart and Diabetes Institute, The Rotary Club of Melbourne, Greening Australia, and the Australian National Academy of Music. Some of these projects are highlighted in this review, and some will be covered next year, depending on the timing of the project.

A committed group of Trustees is essential to enable the Trusts' work and strategic focus; for this I am grateful for the support of my fellow Trustees. This year we have welcomed Mr Rob Anderson as a new Trustee. Rob's experience in risk management and IT, along with his community spirit and enthusiasm has been most welcome.

The Trustees have been committed to involving members of the next generation of Sir John's descendants who have shown an interest in the work of the Trusts. Through our ongoing mentoring program, family members experience the process of evaluating grant submissions and learn about the Trustees' work. We are hoping to include members of the fourth generation over the next few years.

The longevity of the Trusts as a family charitable foundation is testimony to the strength of Sir John's vision and to the dedication of all of the Trustees over the 60 years of the Trusts' charitable giving. The current Trustees feel privileged to be able to celebrate the 60th Anniversary of the Trusts' first grant.

I hope you enjoy reading this Annual Review, which is a true celebration of the generosity of our founder, Sir John Reid.



Belinda Lawson
Chairman



**Sir John with granddaughter and
current Chairman Belinda Lawson.**

Chief Executive Officer's Report

This year has been a busy one at the John T Reid Charitable Trusts as the staff and Trustees have focused not only on the ongoing philanthropic need in Australia, but also considered strategic funding to recognise the 60th Anniversary of the John T Reid Charitable Trusts first grant being awarded. Our Chairman Belinda Lawson has provided more information about this in her report.



Our small staff of three have settled back into regular working days this year, and we have enjoyed the opportunity to work closely with the Trustees in many areas of the work we do. The Trustees' hands-on approach to our granting means that they are involved at all stages in the granting process. This includes weekly meetings of a group of at least three Trustees considering enquiries from funding applicants that have approached the John T Reid Charitable Trusts through our Website. This period of open enquiries provides an invaluable insight into the most vital areas of need within the community, and have presented us with some fabulous opportunities for funding this year. The Trustees' involvement continues through the life of a project, until the final acquittal report is received.

Trustees provide formal feedback to the administrative staff on all reports and this process ensures the reporting is in line with the project outlined in the original funding submission. Any inconsistencies are followed up promptly.

The Finance Committee has had an active year ensuring the prudent management of our investment portfolio. The Committee has been supported by our Investment Manager, Ms Sue Dahn, and we thank Sue for her dedication. Our Company Secretary, Mr Dominic Pelligana, has continued to provide valuable advice on both accounting matters and strategic planning.

It has been a pleasure working with my colleagues Jessica Hurle and Melanie Robertson this year, who both make our office a very happy place to work. I was lucky enough to have a five week holiday this year, and I would like to thank Jessica for filling the role of acting CEO in my absence. I would also like to thank our Chairman Belinda Lawson for her support during my absence, and throughout the year. Belinda spends at least one day a week in the office, and plays a vital role in the day-to-day running of the office. In closing, I would like to acknowledge the support of all the Trustees, who provide advice and guidance in many areas of the work I do.

Debbie Ashbolt

Debbie Ashbolt
Chief Executive Officer



Debbie Ashbolt speaking at the official opening of the 'ReefCam' project, with Rich Gilmore, Country Director, The Nature Conservancy.

2017 Funding Overview

This Annual Review provides information on the activities of the John T Reid Charitable Trusts in the financial year to 30 June 2017. The review also highlights several significant projects in each funding sector.

Grants Approved

The Trustees approved funding of just over \$5.2 million to the following organisations at their meetings in November 2016 and May 2017.

60th Anniversary Grants

Australian National Academy of Music
Baker Heart and Diabetes Institute
Brotherhood of St Laurence
Greening Australia (Haining Farm)
Rotary Club of Melbourne
Royal Victorian Eye and Ear Hospital
Walter and Eliza Hall Institute of Medical Research (WEHI)

Arts and Cultural Heritage

Castlemaine Art Gallery
Darlinghurst Theatre Company
Sydney Symphony Orchestra

Community and Social Welfare

Autism Spectrum Australia (Aspect)
Baptcare
Clipper Ship City of Adelaide
Crossroads Community Care Centre
Foundation for Rural and Regional Renewal (FRRR)
Guide Dogs Victoria
Mental Health Legal Centre
R U OK?
Royal Flying Doctor Service
Rural Aid
Salvation Army
Sir David Martin Foundation
Sisterworks
St Kilda Mums
UnitingCare SouthPort

Education and Youth

Banksia Gardens Community Service
Migrant Resource Centre North West
Royal Botanic Gardens & Domain Trust
TAD
Taralye

Environment

Birchip Cropping Group
Trust for Nature

Health Support

Earbus Foundation
Epilepsy Action Australia
Melanoma Patients Australia
Northern Health Foundation
Orygen
Royal Society for the Blind of SA
Save our Sons Duchenne Foundation
The Butterfly Foundation

Active Grants year to 30 June 2017

As part of our funding model, all grants that have unspent funds are considered active grants. Grants will only be considered inactive when the Trustees are satisfied that the final report adequately explains the acquittal of funds. Some of these grants will have been paid this year, and others will have been paid in previous years; some active grants are multi-year grants that are paid over two or three years.

Seventy-nine active grants in the 2017 financial year totalled almost \$10 million, and the graphs below show these grants in both category and geographic spread.

Active grants year to 30 June 2017 by geographic spread:

National	\$1,236,757
New South Wales	\$996,260
Northern Territory	\$825,000
Queensland	\$516,155
South Australia	\$208,200
Tasmania	\$64,700
Victoria	\$5,779,940
Western Australia	\$332,000

Active grants year to 30 June 2017 by category spread:



Aged and Palliative Care

With the trend towards people living longer and being healthy for longer, there is increased demand for suitable accommodation and well-being activities and facilities for the aged. The Trustees aim to address these areas of need by funding organisations that provide hands-on support in this sector, in addition to considering the health conditions affecting the aged.

Old Colonists' Association of Victoria, Edible Garden Project

The Old Colonists' Association of Victoria and the John T Reid Charitable Trusts have enjoyed a rewarding philanthropic relationship, beginning with a grant from our founder himself in 1964.

The Trusts recently provided a contribution to one of the Old Colonists' villages in Euroa, Currie Park Estate, located in regional Victoria and housing 30 older people.

Our grant provided for the construction of an 'Edible Garden' at Currie Park, enabling eight raised garden beds, shade and shelter, a range of herbs, fruits and vegetables, and plants with sensory properties.

Not only is the garden just about produce but the opportunity to bring people together for a chat, for exercise, and overall well-being, assisting in the fight against depression, anxiety, and dementia.



RESIDENTS
UTILISING THE
RAISED
GARDEN BEDS
AT CURRIE PARK
ESTATE.

"The support of the John T Reid Charitable Trusts has been critical in helping us deliver this wonderful resource"

Phillip Wohlers, CEO,
Old Colonists' Association
of Victoria

The University of Queensland Queensland Brain Institute, Therapeutic Ultrasound Project

With the help of the John T Reid Charitable Trusts, the research team at Queensland Brain Institute's (QBI) Clem Jones Centre for Ageing Dementia Research, continue to work tirelessly on their research into Alzheimer's treatment using ultrasound.

QBI have made and continue to make, significant progress on several fronts, including leveraging funding provided by the John T Reid Charitable Trusts to engage with a broad range of community, governmental and commercial stakeholders.

The Trustees look forward to further reports from QBI detailing their progress and results in ultrasound technology to treat Alzheimer's disease.



DR REBECCA NISBET OBSERVES ANTIBODIES THAT ARE USED IN CONJUNCTION WITH ULTRASOUND TO TREAT DEMENTIA IN MICE. PHOTO COURTESY OF NICK VALMAS, QUEENSLAND BRAIN INSTITUTE.

"These researchers have been vigilant in targeting their research and have produced some astounding results. They have also progressed the development of the devices needed to progress to clinical trials... that is very exciting"

Jane Reid, Trustee,
John T Reid Charitable
Trusts

Arts and Cultural Heritage

Arts and culture provide powerful tools with which to engage awareness of the community, of important issues and stories. Programs in this sector may also provide opportunities for disadvantaged members of the community to build their confidence and skillset. Granting in this area may support equitable access to theatre, dance, design, music, literature, or cultural history. Recent grants have focused on building the capacity of organisations to operate more effectively.

Castlemaine Art Gallery, Collection Management and Record Keeping System

A grant from the John T Reid Charitable Trusts has allowed the curatorial staff at the Castlemaine Art Gallery in Victoria to transition to a new collections system. In addition to the new Vernon Collections Management System, the gallery has purchased essential Information Technology hardware including an external server and support services and worked with a Vernon systems specialist to undertake an analysis of the new system.

“Thank you for your support of the Castlemaine Art Gallery which allowed us to make great advancements in our collections management system.”

Jennifer Kalionis, Director,
Castlemaine Art Gallery



IMAGE COURTESY
OF CASTLEMAINE
ART GALLERY.

State Library of Queensland, Computer Numerical Controlled Machine

Funding from the John T Reid Charitable Trusts enabled the State Library of Queensland to install a Computer Numerical Controlled (CNC) Machine in their new Fab Lab (fabrication laboratory). The machine is one of the prescribed pieces of equipment required for a Massachusetts Institute of Technology (MIT) registered Fab Lab.

The State Library of Queensland's digital culture centre, The Edge, is on track to establish Queensland's first open-access, community Fab Lab.

The inclusion of the machine, used for milling large sheets of steel, aluminium, plastic, vinyl and wood from digital files, will enable community groups to undertake large-scale projects such as the design and manufacture of tools and products, from 3D moulds to furniture and cabinetry.



PHOTO COURTESY OF STATE LIBRARY
OF QUEENSLAND.

“The State Library of Queensland are sincerely thankful to the John T Reid Charitable Trusts for affording us the opportunity to provide community and marginalised groups with free access to digital fabrication machines and technologies.”

Daniel Flood, Lead,
The Edge, State Library of
Queensland



Sir John Thyne Reid (second from right) outside Buckingham Palace after his knighthood in 1975



Sir John and Lady Reid
at Kew, 1983



Community and Social Welfare

Many of the grants in Community and Social Welfare support and strengthen families through early intervention. Programs often focus on enabling disadvantaged Australians to help themselves by providing appropriate tools and skills.

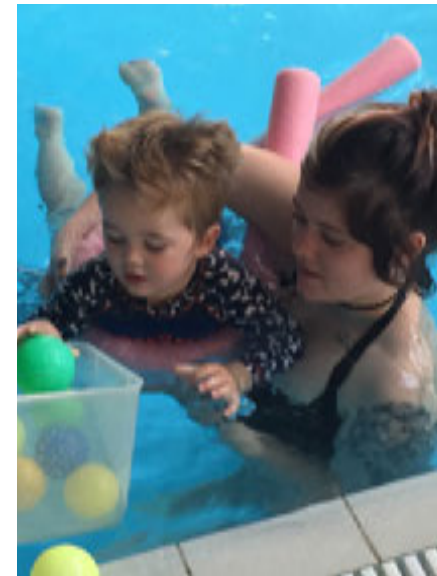
Karinya Young Women's Service, Young Mums 'n' Bubs Healthy Choices

The Young Mums 'n' Bubs Healthy Choices two year program at Karinya consists of combining elements to focus on a healthy body, healthy mind and healthy parent and child bonding.

The vision of Karinya is to promote positive nutrition and health foundations for young parents and their babies in the hope they will incorporate these into a healthier lifestyle.

Outcomes of The Young Mums 'n' Bubs Healthy Choices program include:

- Group cooking classes
- Self-esteem workshops
- Mums 'n' Bubs swim classes



PARTICIPANTS
OF THE YOUNG
MUMS N BUBS
PROGRAM.

KALACC, Caring for Country Training Project

The Kimberley Aboriginal Law and Culture Centre (KALACC) 'Caring for Country Training Project' consists of four allotments of six week 'work readiness' programs, targeting disengaged youth to engage with Elders as teachers and mentors.

The programs have offered participants a high level of support in the engaging environment of the Western Australian outback.

Thanks to the support of the John T Reid Charitable Trusts, not only have the participants benefited from this project, their families and communities have also been strengthened.

The Trustees were elated to hear that the Western Australia State Government has agreed to fund the Caring for Country Training Programs for the next two years.



PHOTO COURTESY OF KALACC.

"This project has been an excellent example of what Indigenous people are able to achieve when they have a strong relationship with an innovative, empathetic funding body such as the John T Reid Charitable Trusts".

Scott Herring, Yiriman Men's Coordinator, KALACC

OzHarvest Adelaide, Nourish Program

The Nourish Program at OzHarvest Adelaide is a pathway to employment in the hospitality industry for disadvantaged youth, comprising of a comprehensive in-house introductory course and then a Certificate II in Hospitality.

The Trustees were pleased to read in the final report from OzHarvest that the program had successfully delivered two intakes of young people, with some fantastic results.

The program engaged 27 young people and the students have grown in self-confidence and self-esteem and many of them are now able to gain employment or seek further education. They have also developed new skills and awareness in food preparation and nutrition.



PHOTO COURTESY OF OZHARVEST ADELAIDE.

We are very thankful for the support of the John T Reid Charitable Trusts, that enabled delivery of this innovative program."

Belinda Woollett, National Nourish Program Manager, OzHarvest

TRAINEES AT THE BENTLEIGH OP-SHOP.



"This was one of the most delightful applications, interviews and grants that I have been involved with in my 15 years with the Trust. A wonderful organisation that ticks all the boxes"

Philip Endersbee, Trustee, John T Reid Charitable Trusts

The Holland Foundation, Pre-employment Training Program

The Holland Foundation provide innovative, best-practice and quality services for children, adolescents, adults and their families using solution focussed strategies that empower people, strengthens their connections to local community resources, and builds confidence in their own problem solving skills.

This program, based in their very busy Op-shop in Bentleigh, is a unique Retail/ Office Administration training program. The trainees are taught cash handling, banking, eftpos, office administration, accounts payable/receivable, pricing, display, merchandising, stock control, inventory, customer service, sales, rostering, as well as assisted with resume development, interview techniques and job search skills.

Through the funds of the John T Reid Charitable Trusts, The Holland Foundation was able to provide trainees with multi-user email/internet access, laptop and updated office software, material aid assistance (public transport tickets, interview clothing), food aid and a Team Leader to Manager Pathway.



PATHWAYS TO INDEPENDENCE PARTICIPANT.

YWCA NSW, Pathways to Independence Program

The Pathways to Independence Program at YWCA NSW focusses on supporting women over 50 years of age who are homeless or at risk of homelessness.

The women are supported to develop skills and relationships in order to prevent homelessness and return to the workforce. YWCA NSW provides case management to secure and sustain long term affordable housing for these women.

The program offers a face to face discussion with each woman, to establish her current situation and listen to what she feels are the most needed supports. The feedback from the women is how beneficial it is to be heard, to look at their priorities and be guided as to how they can access what they need.

Supports include housing advocacy, brokerage to pay rent, completion of housing applications, job applications, and assistance with seeking medical professional assistance.

"This project has identified the need for support services for this vulnerable group and achieved very good outcomes for people facing major challenges."

Trevor Thomas, Trustee,
John T Reid Charitable
Trusts



VICTORIAN STUDENT REPRESENTATIVE COUNCIL – LAKES ENTRANCE SCHOOL COMMUNITY.

The Smith Family, School Community Hub

The Smith Family established the Lakes Entrance School Community Hub (LESCH) in November 2014 with the aim to improve the educational outcomes for children, young people and their families in Lakes Entrance in East Gippsland, Victoria.

The John T Reid Charitable Trusts committed three years of funding which enabled The Smith Family to establish the project, and was a catalyst for further philanthropic support. The Smith Family is acting as the 'Lead Agency' and independent broker, working closely with the four local partner schools, Lakes Entrance community stakeholders, agencies and families.

The LESCH has successfully developed partnerships between the schools, community, business and external organisations. This has ensured that the activities and services complement each other and directly align with the priority areas as agreed by participating groups. Importantly, this has built the capacity of the schools, community groups and other stakeholders to develop sustainable and productive partnerships to improve learning in Lakes Entrance.

Activities undertaken within the hub have included homework clubs, breakfast clubs, Learning for Life scholarships, creation of engagement opportunities for families, joint schools and community celebration of NAIDOC and Reconciliation Week, Young Koorie Leadership program, and careers and aspirations programs.

Education and Youth

Projects supported by the John T Reid Charitable Trusts often focus on providing young people with the skills to build their confidence and independence so they can break the cycle of disadvantage that is sadly experienced so widely in our community. Early intervention is a strong focus in our granting.

Youth Off The Streets, Living Skills Program

Research shows that living skills programs can be crucial to achieving long-term housing outcomes, enabling young people to transition successfully into independence.

The program at Youth Off The Streets in Sydney includes a structured but practical approach to teaching living skills and includes an initial assessment of clients' individual needs. The living skill needs identified are incorporated into clients' case plans and assist workers and young people to be partners in monitoring progress towards achieving individually relevant outcomes. The program offers an incentive based approach and is supported by an educational resource to consolidate learning.

Funds from the John T Reid Charitable Trusts have provided the Living Skills Program with facilitation, resources, activity costs, excursions, workshops, marketing, administration and evaluation.



LIVING SKILLS PARTICIPANT.

"I cannot stress enough how important the support of the John T Reid Charitable Trusts has been in giving these vulnerable youth the skills they need to live independently."

Lex Nadine Lutherborrow, Director,
Sydney Homeless Services,
Youth Off The Streets

Bendigo Discovery Science and Technology Centre, Kaleidoscope Renewal Project

The aim of the Kaleidoscope Renewal Project at the Discovery Science and Technology Centre in Bendigo, Victoria, is to replace and upgrade the facilities in the Under 6 learning space, and to create programs to increase confidence and competence in early childhood pre-service teachers and day care students.

The redesign of parts of the Kaleidoscope is underway, with new technologies and spaces for children to interact together are being explored. An education committee has designed and begun the implementation of a pre-service training program.

At the time of writing this report, the project has piloted the teaching phase, which involves second year Early Childhood Educators from La Trobe University Bendigo interacting with students at the Centre to observe inquiry-based learning, with very promising results.



PHOTO COURTESY OF BENDIGO SCIENCE AND TECHNOLOGY CENTRE.

EMBRACE
STUDY
GUIDE.



Documentary Australia Foundation, Embrace Education Campaign

Auspiced through Documentary Australia Foundation, the John T Reid Charitable Trusts provided funding for the education program attached to the documentary *Embrace*, a film that tells the story of Taryn Brumfitt, Australian wife and mother, who embarks on an international crusade to change the way we think and feel about our bodies.

Embrace uncovers why poor body image has become a global epidemic and what women everywhere can do to have a brighter future.

Through the funds from the John T Reid Charitable Trusts, Documentary Australia Foundation completed a vital education component, the creation of curriculum specific interactive educational materials, and a launch at the ACHPER International Conference in Canberra.

Teach For Australia, Reducing Educational Inequity in the Northern Territory

Teach For Australia (TFA) seeks to break the cycle of disadvantage through teaching and leadership education. Their vision is of an Australia where all children, regardless of background, attain an excellent education.

Support from the John T Reid Charitable Trusts has enabled the recruitment, selection and placement of five TFA Associates in secondary schools in the Northern Territory, creating a 'Regional Hub' of TFA Associates who collectively advance academic outcomes for students in one of Australia's most remote communities.



TENNANT CREEK
HIGH SCHOOL
STUDENTS AND
TEACH FOR
AUSTRALIA COHORT
2016 ASSOCIATE
FIONA MCROBIE.



Environment

Protecting the future of our environment is a vital area of funding, and it can be challenging to fund projects that have clear outcomes. Granting will often focus on supporting both urban and rural communities to manage our natural resources and preserve endangered species.

Desert Discovery Incorporated Young Scientists

The Desert Discovery Project conducts field research in one of Australia's eleven deserts every two years.

The Trustees of the John T Reid Charitable Trusts were delighted to contribute to the 2016 project, located on the eastern edge of the Great Sandy Desert, 700km west of Alice Springs, at the invitation of the Traditional Owners. Indigenous students from four community schools joined in the survey activities.

Over the 600km journey, teams trapped and photographed mammals and reptiles, collected plants and spiders, photographed fungi and butterflies, surveyed birds and, as part of a national project, undertook surveys of the greater bilby.

Funds from the Trust contributed to two young faunal experts attending the project, providing educational materials for the students, the purchase of a night camera and bat trap, and part-funded a computer-linked microscope.



YOUNG MEMBERS OF THE TJIRRKARLI COMMUNITY ASSISTING WITH TRAP CHECKING.

"For the young Indigenous people to be learning from field experts about their own flora and fauna is priceless."

Philip Endersbee, Trustee,
John T Reid Charitable
Trusts

Health Support

The Trustees are proud to support several leading scientists in translational medical research, with some encouraging reports this year. Supporting those recovering from a health incident as well as continuing to support carers and those with mental health issues, has remained a strong focus for the Trustees this year.

Clinical High At Risk Mental State, Orygen

Led by 2010 Australian of the Year, Professor Patrick McGorry AO, Orygen's vision is for young people to enjoy optimal mental health as they grow into adulthood, to reduce the impact of mental illness on young people, their families and society.

The current diagnostic system (DSM-5) has been created for adults and chronic forms of the disorder and is not fit for young people and early intervention.

Orygen's innovative approach with the CHARMS project will introduce new categories for identifying help seeking and distressed young people.

On average, approximately 50 new clients per month are referred to the Glenroy headspace centre alone. Approximately 70% of these new referrals have been deemed eligible for the CHARMS study.

The Trustees look forward to future reports from Orygen detailing further positive outcomes.



LED BY ASSOCIATE PROFESSOR BARNABY NELSON, THE CHARMS TEAM INCLUDING PROJECT MANAGER DR. RACHAEL SPOONER (PICTURED) HAS HAD CLOSE TO 100% FOLLOW UP RATE WITH PARTICIPANTS, THE FIRST TIME THIS HAS BEEN ACHIEVED AT ORYGEN.

"Your contribution has allowed us to scale up this study from an internal pilot study to a full-scale research study which has the potential to transform research and clinical practice in youth mental health."

**Associate Professor
Barnaby Nelson,
Orygen**

PEER SUPPORT
MENTORS GARETH
SHERRING AND
ALICE HOBDA
WITH EATING
DISORDERS VICTORIA
CEO JENNIFER
BEVERIDGE.



The Stroke Association of Victoria, Regional Development Manager

The Regional Development Manager at The Stroke Association of Victoria has assisted in the roll-out of new Community Stroke Support Centres, providing stroke survivors with a place of solace.

The centres in Geelong and Boroondara offer activities such as arts and crafts, life writing skills classes, iPad training, music therapy sessions and movies, as well as carers and young stroke survivors groups. Through the centres, the Association now has two places for new referrals to be received.

The Association is on track to opening more centres, in the North West metropolitan Melbourne and Bendigo areas.

"The funding from the John T Reid Charitable Trusts has been a great contributor to the work we have been able to do."

Carly Stephens, Community Partnerships, The Stroke Association of Victoria

Eating Disorders Victoria, Peer Mentoring Program

Eating Disorders Victoria (EDV) provides services to anyone in Victoria with an eating disorder, by providing counselling, helpline, support groups, education and information for people with eating disorders, their families and carers.

The Peer Mentoring Program in partnership with the Austin Hospital in Melbourne uses a peer support model harnessing the experience of people who have recovered from eating disorders, to support eating disorders patients leaving hospital care to better sustain their recovery in the long term.

Mentors have been recruited and trained and there have been two group supervision sessions for the mentors. Mentors have reported that they have grown from the program by supporting others and commented that they wish the program had existed for them.

Participant referrals have been received and a participant group session was held in May. Participants reflected on the importance of the program, indicating that no one had ever met anyone who had recovered from an eating disorder before.

60th Anniversary Grants

In considering how to acknowledge the 60th Anniversary of the first grant awarded by the John T Reid Charitable Trusts, the Trustees reflected on the areas that Sir John funded in the early years of the Trusts, and what that would mean today. Much time was spent reading through minutes from the 1950s and 1960s. Where appropriate, the Trusts have funded the same recipients of grants from the early years. In other categories, the Trustees have identified organisations doing innovative work.

Baker Heart and Diabetes Institute, Early Life 0-5 Cohort Study

The John T Reid Charitable Trusts first provided support to Baker Heart and Diabetes Institute in 1976. This anniversary grant was identified by Professor Sandra Eades, Domain Head of Aboriginal Health at Baker as a high priority. Funds from the John T Reid Charitable Trusts will enable the establishment of a framework and collection of pilot data for the Early Life 0 – 5 Cohort Study. This study fills a gap in the research taking place in the Aboriginal health space by bringing into focus 0 – 5 year olds and their health trajectories in life. This project was highlighted by community Elders as critical for changing the current outcomes for disadvantaged children.

The Early Life program aims to follow 300-400 children and establish multiple studies using different methods to explore how well Aboriginal babies born at Alice Springs Hospital do in the five years before they start school.

To date, all of the groundwork has been completed enabling Baker to begin an Early Childhood Learning Centre evaluation, which will form the basis of the 0 – 5 study and give great insight into the situation on the ground in Alice Springs.

“The support of the John T Reid Charitable Trusts has been critical to the establishment and expansion of our Aboriginal Health research, clinical and education programs. Together we have contributed to significant gains in Aboriginal and Torres Strait Islander health over the last decade.”

Professor Tom Marwick,
Director, Baker Heart and
Diabetes Institute



IN 2001, TRUSTEES AND STAFF VISITED THE ROYAL VICTORIAN EYE AND EAR HOSPITAL TO CELEBRATE THE HISTORY OF THE RELATIONSHIP BETWEEN SIR JOHN T REID AND THE HOSPITAL. PICTURED IN 2001 L-R MRS DEBBIE ASHBOLT, MR JOHN WEBB, MRS MARGARET ROSS AM, MRS ANNE GRINDROD, MR PHILIP ENDERSBEE AND MRS JEAN HADGES.

The Royal Victorian Eye and Ear Hospital, Bone and Wet Laboratories

The Royal Victorian Eye and Ear Hospital was one of the Trusts' first grant recipients. It remains today as Australia's only eye and ear hospital.

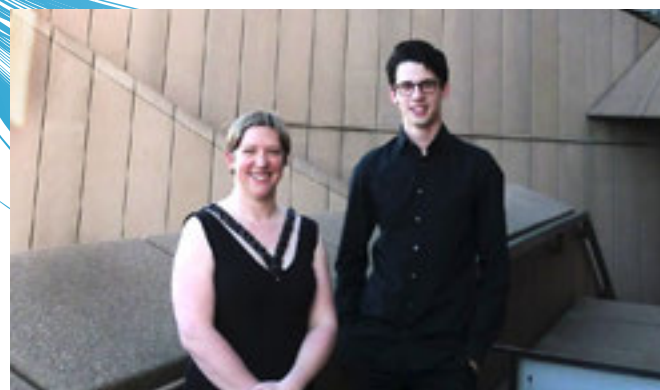
The Bone and Wet Laboratories within the new Education Precinct at The Eye and Ear will provide a space where young clinicians can be mentored by senior medical staff. The Trusts' funding for the new laboratories will be of great significance in teaching and training.

The education project will take around five years to complete, and once functional, the hospital will be able to provide education to the community about preventative eye and ear conditions.



VCA Board 1973

When Sir John received his knighthood in 1974, it was not for his contribution to business. Rather, it recognised his services to 'community and the arts'. Pictured is the first board and faculty directors of the Victorian College of the Arts, with Sir John (seated fourth from left) in 1973.



ANAM ARTISTS
HARRY BENNETTS
AND LOUISA
BREEN.

Australian National Academy of Music, ANAM Artists Program

Sir John's love of music, art and drama was a strong influence in selecting a suitable 60th Anniversary grant in the arts that contributed to supporting young artists.

With the support of The John T Reid Charitable Trusts, the Australian National Academy of Music (ANAM) has launched a new initiative in 2017 that celebrates its outstanding alumni. The ANAM Artists program brings together a handful of alumni each year, showcasing their skills and achievements in a national series of recitals and performances across the country. The program aims to launch the careers of exceptional young musicians by providing bespoke tour and artist management, as well as holistic offerings such as industry mentoring and media representation. By supporting the ANAM Artists program, the John T Reid Charitable Trusts has not only created much needed national recital opportunities, contributing to the vibrancy of the Australian musical landscape, but has helped to build ANAM's capacity to engage with the broader alumni community.

60th Anniversary Grants cont.

Rotary Club of Melbourne, Sir John Reid Community Service Award

Our Founder Sir John Reid, affectionately known as Jock, was inducted into the Rotary Club of Melbourne in December 1939, was President of the Club in 1953-54, and remained a Rotarian until his death in 1984.

The Rotary Club of Melbourne introduced a Community Service Award in Sir John's honour in 1987. The award is made in recognition of an individual judged to have devoted to community welfare for a lengthy period without remuneration.

In May 2017 the John T Reid Charitable Trusts contributed towards the Rotary Club of Melbourne to award a financial gift every year to the not for profit organisations that the recipient of the Sir John Reid Community Service Award is affiliated with.



PHILIP ENDERSBEE, TRUSTEE, BELINDA LAWSON, CHAIRMAN, ROTARY CLUB OF MELBOURNE PRESIDENT QUIN SCALZO, AND MARGARET ROSS AM, PAST CHAIRMAN.

"Our Legacy is all we have in the end and this gift will go a long way into the future of honouring the Philanthropic beliefs of Sir John."

Jo Mavros, Office Manager,
Rotary Club of
Melbourne.



Presentation of the Sir John Reid Community
Service Award by David Jones (standing) with
Lady Reid (seated) in 1993



Celebrating 60 years